



#### School Information:

Milk is served every day at Breakfast and Lunch, Choices- Skim White & Chocolate, 1% White



#### Nutrition Tip:

MyPlate recommends: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Spaghetti & Meat **1**  
Sauce, Garden Salad  
Green beans  
Garlic Bread, Orange

Pig in a Bun **2**  
Tri Tater  
Broccoli & Cheese  
Apple

Taco Salad **3**  
Refried Beans  
Salsa, Tortilla Chips  
Peaches

Chicken & Noodles **4**  
Mashed Potatoes  
Fresh baby Carrots  
Grapes, (6-12) Roll

Country Beef Patty **7**  
Mashed Potatoes, Gravy  
Steamed Broccoli  
Pineapple, (6-12 Roll)

Hamburger w/ Bun **8**  
Baked Beans  
Cucumber & Celery  
Banana, (6-12) Brownie

Stromboli Squares **9**  
Garden Salad  
Baby Carrots, Peaches  
(7-12 Breadstick)

Crispito w/ Cheese **10**  
Sweet Corn, Salsa  
Romaine & Tomato  
Tortilla Chips, Apple

Turkey & Cheese Sub **11**  
Lettuce & Tomato  
Oven Fries  
Orange Slices

Rib on a Bun \* **14**  
Lettuce & Tomato  
Sweet Potato Puffs  
Banana

Christmas Nuggets **15**  
Savory Rice, Broccoli  
Cherry Tomatoes  
Apple

Christmas Dinner **16**  
Baked Ham, Potatoes  
Green Beans, Biscuit  
Treasure Salad

Cheese Bread Sticks **17**  
Marinara Dipping Sauce  
Tossed Salad, Corn  
Fruit Cocktail

No School Today **18**  
WINTER BREAK

No School Today **21**  
WINTER BREAK \*

No School Today **22**  
\*  
WINTER BREAK \*

No School Today **23**  
WINTER BREAK \*

No School Today **24**  
CHRISTMAS EVE

MERRY **25**  
CHRISTMAS

No School Today **28**  
WINTER BREAK

No \*School Today **29**  
WINTER BREAK \*

No School Today \* **30**  
WINTER BREAK \*

No School Today **31**  
NEW YEARS EVE

HAPPY NEW YEAR  
USDA  
Is an equal Opportunity employer.